

Grow Indoor Plants And Reduce Your Carbon Footprint

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Would you like to add style, elegance and detoxify your home?

An easy, eco-friendly and cool way is to start indoor gardening or just buy some indoor plants. Indoor gardening is a natural way to detoxify the air inside your home.

You will get organic herbs for your cooking, sweet and elegant decoration, and it will also help in de-stressing you.

Pursuing this hobby will give you pleasure and organic gifts for your kitchen. Still unsure and seems hard to grow plants? For the starters, there are several kinds of plants and herbs that are easy to grow and hard by nature.

Indoor plants that is easy to grow:

- Peace Lily- This is a fabulous air purifier and offers great blooms and greenery in your home.
- Chinese Evergreen- This is perfect for houses that have a low lighting. This plant is ideal for novice as they do not require much maintenance.
- Boston Fern- These are also ideal for novice. They require feeding just once a month and love high humidity. Places like greenhouse or your bath area is an ideal option.
- Weeping Fig- This plant is extremely tough in nature and you will not be required to care of it very much.
- English Ivy- If you want to build topiaries or line your house with hanging baskets then these plants is a fabulous alternative.
- Chamaedorea Palm- If tropical is the theme décor of your house, and then this is a must addition in your home.

- Braided Ficus Tree- This tree is very adaptable by nature and you will not have to fuss about it!
- Cactus Combo Bonsai- This is one type of plant that can adjust in any climatic conditions and humidity levels.

Herbs that you can grow inside the house:

Maintenance will be a requirement for planting herbs. But, if you see the results, it will outweigh your efforts. First up, a place is required where 6 to 8 hours of sunlight is for planting them indoors. Then always provide proper nourishment to the soil before you plant the seeds inside. Having a good drainage is also a key for the proper growth of herbs as indoor plants.

- Bay tree- this is a slow growing plant, but the wait will prove worthwhile.
- Mint Leaves- this is an invasive plant and therefore, you must take care and grow it individually. This plant is excellent for making tea and other drinks.
- Parsley- this is another slow growing plant but after it gets set up, this will prove to be a very handy herb to have in your kitchen.
- Lemon Grass- you can buy a stalk from a store and then plant it in a few inches water and youd begin growing your own.
- Chive- in the less lighting conditions this is a very good herb.

This does not mean that you cannot grow rosemary, basil, oregano, thyme, cilantro as indoor plants. They can be grown indoors but they require exact conditions for growth and a little more attention and pampering. With just a little more experience you will be able to grow all kinds of indoor plants.